FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b)

						rempany riot or 10 to						
1. Name and Addi	ress of Reporting Pers <u>Cevin S.</u>	on [*]		2. Issuer Name and Tion CAPITAL ONE		g Symbol CIAL CORP [COF		tionship of Reporting all applicable) Director Officer (give title	10% C			
(Last) 1680 CAPITA	(First) L ONE DRIVE	(Middle)		3. Date of Earliest Tran 08/06/2024	saction (Mont	h/Day/Year)		Senior Advis	below) or to the CEO			
				4. If Amendment, Date	of Original Fil	ed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable					
(Street) MCLEAN	VA	22102					Line)	Form filed by One Form filed by More Person				
(City)	(State)	(Zip)		Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.								
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1. Title of Security (Instr. 3) 2. Transactio Date (Month/Day/Y			Execution Date,	3. Transaction Code (Instr.	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar		5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial			

Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
			Code	v			Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stock ⁽¹⁾	08/06/2024		M		23,582	A	\$86.34	102,466	D			
Common Stock(1)	08/06/2024		S		3,537	D	\$131.27(2)	98,929	D			
Common Stock ⁽¹⁾	08/06/2024		S		3,754	D	\$132.2(3)	95,175	D			
Common Stock ⁽¹⁾	08/06/2024		S		16,291	D	\$133.37(4)	78,884	D			
Common Stock ⁽¹⁾	08/06/2024		S		2,503	D	\$131.28(5)	76,381	D			
Common Stock ⁽¹⁾	08/06/2024		S		2,622	D	\$132.25(6)	73,759	D			
Common Stock ⁽¹⁾	08/06/2024		S		11,325	D	\$133.37(4)	62,434	D			
Common Stock ⁽¹⁾	08/06/2024		S		1,068	D	\$131.22(7)	61,366	D			
Common Stock(1)	08/06/2024		S		1,311	D	\$132.17(8)	60,055	D			
Common Stock ⁽¹⁾	08/06/2024		S		5,304	D	\$133.37(9)	54,751	D			
Common Stock ⁽¹⁾	08/06/2024		S		2,338	D	\$131.29(10)	52,413	D			
Common Stock ⁽¹⁾	08/06/2024		S		2,200	D	\$132.23(11)	50,213	D			
Common Stock ⁽¹⁾	08/06/2024		S		9,279	D	\$133.37(12)	40,934	D			

(e.g., puts, calls, warrants, options, convertible securities) 1. Title of 3. Transaction 3A. Deemed 5. Number 6. Date Exercisable and 7. Title and Amount 8. Price of 9. Number of 10. 11. Nature of Securities Underlying Derivative Security Derivative Date (Month/Day/Year) Execution Date, if any Transaction Code (Instr. of Derivative Expiration Date (Month/Day/Year) derivative of Indirect Beneficial Ownership Security or Exercise Price of Security (Instr. 5) Securities Form: 8) (Instr. 3) (Month/Day/Year) Securities Beneficially Direct (D) Ownership

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	Derivative Security				(A) of (E	uired or oosed O) (Instr. and 5)	sed (Instr.		nd 4)		Owned Following Reported Transaction(s) (Instr. 4)	or Indirect (I) (Instr. 4)	(Instr. 4)	
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options	\$86.34	08/06/2024	М			23,582	(13)	02/02/2027	Common Stock	23,582	\$0	0	D	

Explanation of Responses:

- 1. This transaction was executed pursuant to a trading plan entered into by the reporting person on April 29, 2024, in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934, as amended.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$130.83 to \$131.77. Information regarding the number of shares sold at each price will be provided upon request.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$131.84 to \$132.66. Information regarding the number of shares sold at each price will be provided upon request.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$132.95 to \$133.80. Information regarding the number of shares sold at each price will be provided upon request.
- 5. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$130.86 to \$131.84. Information regarding the number of shares sold at each price will be provided upon request.
- 6. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$131.90 to \$132.84. Information regarding the number of shares sold at each price will be provided upon request.
- 7. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$130.74 to \$131.64. Information regarding the number of shares sold at each price will be provided upon request.
- 8. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$131.77 to \$132.66. Information regarding the number of shares sold at each price will be provided upon request.

- 9. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$132.95 to \$133.67. Information regarding the number of shares sold at each price will be provided upon request.
- 10. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$130.85 to \$131.77. Information regarding the number of shares sold at each price will be provided upon request.
- 11. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$131.90 to \$132.66. Information regarding the number of shares sold at each price will be provided upon request.
- 12. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$132.98 to \$133.80. Information regarding the number of shares sold at each price will be provided upon request.
- 13. These options became exercisable in 1/3 increments beginning on February 15, 2018 and annually thereafter.

Remarks:

/s/ Jason S. Frank (POA on file) 08/08/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.