FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OWR APPRO	JVAL							
	OMB Number:	3235-0287							
	Estimated average burden								
l	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Blackley Richard Scott							2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP								5. Relationship of Reporting Person(s) to Iss (Check all applicable)  Director 10% Ow  X Officer (give title Other (s			Owner
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE							3. Date of Earliest Transaction (Month/Day/Year) 03/01/2018								belov	v)	below ncial Officer	
(Street)  MCLEAN VA 22102  (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv Line) X	idual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person			
		Tab	le I - No	on-Deriv	ative	Sec	uritie	s Ac	quired	, Dis	sposed o	f, or E	Benef	cially	Owne	ed		
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day						Execution Date,			3. Transaction Code (Instr. 8)  4. Securities Acquired Disposed Of (D) (Instr.			red (A) str. 3, 4	or and 5)	Secur Benef	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
										v	Amount	mount (A) or (D) Price		ce	Trans	action(s) 3 and 4)		(Instr. 4)
Common	Stock <sup>(1)</sup>	2018	018		S		10,000 D		\$9	8.12 <sup>(2)</sup>	3	8,537	D					
		Ta	able II -								osed of, convertib				wned			
1. Title of Derivative Security (Instr. 3)	Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			ansaction of Deriva Secur Acqui (A) or Dispo of (D) (Instr. and 5)		rative rities ired r osed )	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)  Amoun or Numbe of		ıt		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

## Explanation of Responses:

- 1. This transaction was executed pursuant to a trading plan entered into by the reporting person on August 10, 2017, in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934, as amended.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$97.68 to \$98.43. Information regarding the number of shares sold at each price will be provided upon request.

## Remarks:

Cleo Belmonte (POA on file) 03/05/2018

\*\* Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly.$ 

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.