UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

May 17, 2021
Date of Report (Date of earliest event reported)

CAPITAL ONE FINANCIAL CORPORATION

(Exact name of registrant as specified in its charter)

Delaware
(State or other jurisdiction of incorporation)
1680 Capital One Drive,
McLean, Virginia
(Address of principal executive offices)

001-13300 (Commission File Number) 54-1719854 (IRS Employer Identification No.)

> 22102 (Zip Code)

Name of Each Exchange on Which

Trading

Registrant's telephone number, including area code: (703) 720-1000 (Not applicable) (Former name or former address, if changed since last report)

| Check the appropriate box below if the Form 8 | B-K filing is intended to simultaneously s | atisfy the filing obligation of the registrant | t under any of the following provisior | ıs (see General Instruction |
|---|--|--|--|-----------------------------|
| A.2. below): | | | | |

| ☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.42 | | Written communications | pursuant to Rule 42 | 25 under the So | ecurities Act (1 | 17 CFR 230.425 |) |
|---|--|------------------------|---------------------|-----------------|------------------|----------------|---|
|---|--|------------------------|---------------------|-----------------|------------------|----------------|---|

- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- ☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

| Title of Each Class | Symbol(s) | Registered |
|--|-----------------|-------------------------|
| Common Stock (par value \$.01 per share) | COF | New York Stock Exchange |
| Depositary Shares, Each Representing a 1/40th Interest in a Share of Fixed Rate Non-Cumulative Perpetual Preferred Stock, Se | eries G COF PRG | New York Stock Exchange |
| Depositary Shares, Each Representing a 1/40th Interest in a Share of Fixed Rate Non-Cumulative Perpetual Preferred Stock, Se | eries H COF PRH | New York Stock Exchange |
| Depositary Shares, Each Representing a 1/40th Interest in a Share of Fixed Rate Non-Cumulative Perpetual Preferred Stock, Se | eries I COF PRI | New York Stock Exchange |
| Depositary Shares, Each Representing a 1/40th Interest in a Share of Fixed Rate Non-Cumulative Perpetual Preferred Stock, Se | eries J COF PRJ | New York Stock Exchange |
| Depositary Shares, Each Representing a 1/40th Interest in a Share of Fixed Rate Non-Cumulative Perpetual Preferred Stock, Se | eries K COF PRK | New York Stock Exchange |
| Depositary Shares, Each Representing a 1/40th Interest in a Share of Fixed Rate Non-Cumulative Perpetual Preferred Stock, Se | eries L COF PRL | New York Stock Exchange |
| 0.800% Senior Notes Due 2024 | COF24 | New York Stock Exchange |
| 1.650% Senior Notes Due 2029 | COF29 | New York Stock Exchange |
| | | |

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company \Box

| If an emerging growth company, indicate by check mark if the registrant has elected not to us | e the extended transition per | riod for complying with any n | ew or revised financial | accounting |
|---|-------------------------------|-------------------------------|-------------------------|------------|
| standards provided pursuant to Section 13(a) of the Exchange Act. \Box | | | | |

Item 7.01 Regulation FD Disclosures.

Capital One Financial Corporation (the "Company") will present virtually at the Barclays Americas Select Franchise Conference on Tuesday, May 18, 2021 at 11:00 a.m. ET. A live audio webcast will be available via the Company's home page (http://www.capitalone.com). Choose "Investors" to access the Investor Center and listen to the presentation. The replay of the presentation will be archived on the Company's website through June 1, 2021.

Note: Information in this report furnished pursuant to Item 7.01 shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liabilities of that Section. This report will not be deemed an admission as to the materiality of any information in the report that is required to be disclosed solely by Regulation FD.

Item 9.01 Financial Statements and Exhibits.

| / J \ | Exhibits | |
|-------|----------|---|
| | EXHINITS | : |
| | | |

| Exhibit No. | Description |
|-------------|---|
| 104 | The cover page from this Current Report on Form 8-K, formatted in Inline XBRL |
| | |

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Company has duly caused this Current Report on Form 8-K to be signed on its behalf by the undersigned hereunto duly authorized.

CAPITAL ONE FINANCIAL CORPORATION

Date: May 17, 2021 By: /s/ Matthew W. Cooper

Matthew W. Cooper General Counsel