FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN RENEFICIAL	OWNERSH

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours ner resnonse.	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FAIRBANK RICHARD D					2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 1680 CAI	(Fir	•	(Middle)		3. Date of Earliest Transact 03/28/2008				action (M	on (Month/Day/Year)						belo	Officer (give title oblow) Chairman, CEO and President)`
(Street) MCLEAN	N VA	A	22102		4. If	ndment,	Date o	f Original Filed (Month/Day/Year)						5. Indiv Line)	Forn Forn	n filed by One n filed by Mor	o Filing (Check Applicable e Reporting Person re than One Reporting		
(City)	(St	ate)	(Zip)													Pers	on		
			le I - Noi			_			1	Dis									
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year		Execution Date,	n Date,	Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Sec Ben Owi		ount of ities icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount		(A) or (D)	Pric	e		action(s) 3 and 4)		(Instr. 4)
Common :	Stock ⁽¹⁾⁽²⁾			03/28	3/2008				S		200		D	\$50	0.24	2,4	152,569	D	
Common !	Stock ⁽¹⁾			03/28	3/2008				S		100		D	\$50	0.25	2,4	152,469	D	
Common !	Stock ⁽¹⁾			03/28	3/2008				S		100		D	\$50	0.33	2,4	152,369	D	
Common :	Stock ⁽¹⁾			03/28	3/2008				S		100		D	\$50	0.34	2,4	152,269	D	
Common :	Stock ⁽¹⁾			03/28	3/2008				S		200		D	\$50	0.36	2,4	152,069	D	
Common S	Stock ⁽¹⁾			03/28	3/2008				S		100		D	\$50	0.41	2,4	151,969	D	
Common Stock ⁽¹⁾		03/28	03/28/2008				S		100		D	\$50.44		2,451,869		D			
Common Stock ⁽¹⁾		03/28	3/2008				S		100		D	\$50.48		2,451,769		D			
Common Stock ⁽¹⁾		03/28	8/2008				S		100		D	\$50.49		2,451,669		D			
Common Stock ⁽¹⁾		03/28	03/28/2008				S		100		D	\$50.87		2,451,569		D			
Common Stock ⁽¹⁾		03/28	/28/2008				S		100		D	\$50.92		2,451,469		D			
Common Stock ⁽¹⁾ 03/		03/28	3/2008	/2008			S		400		D	\$51.21		2,451,069		D			
Common Stock													1	07,502	I	By Fairbank Morris			
		Ta	able II - I								sed of, onvertib					wned			
1. Title of 2. 3. Transaction Derivative Conversion Date Execution Security or Exercise (Month/Day/Year)		3A. Deem Execution	ed 4. Transac Code (In		ction	5. Number 6		6. Date Expiratio	6. Date Exercisabl Expiration Date (Month/Day/Year)		able and 7. T Am Sec Und Der			8. Price o Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
Explanation	of Respons	es:			Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	or Nui of	ount mber ares					

- 1. This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- 2. Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Remarks:

"Form 4 of 4"

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank

04/01/2008

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.	