

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
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<b>1. Name and Address of Reporting Person*</b> <u>FAIRBANK RICHARD D</u>  (Last) (First) (Middle) <u>1680 CAPITAL ONE DRIVE</u>  (Street) <u>MCLEAN VA 22102</u>  (City) (State) (Zip)	<b>2. Issuer Name and Ticker or Trading Symbol</b> <u>CAPITAL ONE FINANCIAL CORP [ COF ]</u>	<b>5. Relationship of Reporting Person(s) to Issuer</b> (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>Chairman, CEO and President</u>
	<b>3. Date of Earliest Transaction (Month/Day/Year)</b> <u>08/21/2007</u>	
	<b>4. If Amendment, Date of Original Filed (Month/Day/Year)</b>	<b>6. Individual or Joint/Group Filing (Check Applicable Line)</b> <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock <sup>(1)(2)</sup>	08/21/2007		S		200	D	\$68.68	2,206,131	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$68.69	2,206,031	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		200	D	\$68.71	2,205,831	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		200	D	\$68.73	2,205,631	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		200	D	\$68.75	2,205,431	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$68.76	2,205,331	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$68.77	2,205,231	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		200	D	\$68.78	2,205,031	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$68.8	2,204,931	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$68.81	2,204,831	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$68.82	2,204,731	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$68.83	2,204,631	D	
Common Stock <sup>(1)</sup>	08/20/2007		S		100	D	\$68.86	2,204,531	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		200	D	\$68.89	2,204,331	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$68.91	2,204,231	D	
Common Stock <sup>(1)</sup>	08/20/2007		S		100	D	\$68.99	2,204,131	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$69.01	2,204,031	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		200	D	\$69.02	2,203,831	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$69.12	2,203,731	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$69.21	2,203,631	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$69.24	2,203,531	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$69.34	2,203,431	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$69.39	2,203,331	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$69.41	2,203,231	D	
Common Stock <sup>(1)</sup>	08/21/2007		S		100	D	\$69.56	2,203,131	D	
Common Stock								107,502	I	By Fairbank Morris

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
<b>Explanation of Responses:</b>											
1. This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b-1 under the Securities Exchange Act of 1934, as amended. 2. Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.											
				Code V	(A) (D)	Date Exercisable	Expiration Date	/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank	08/22/2007		

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.