FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
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	ress of Reporting Per		2. Issuer Name and Ticker or Trading Symbol <u>CAPITAL ONE FINANCIAL CORP</u> [COF		tionship of Reporting Perso all applicable)	n(s) to Issuer	
FAIRBAN	<u>K RICHARD I</u>	<u>, D</u>		X	Director	10% Owner	
(Last) 1680 CAPITA	(First) L ONE DRIVE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/13/2007	X	Officer (give title below) Chairman, CEO and	Other (specify below) President	
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	idual or Joint/Group Filing (Check Applicable	
MCLEAN	LEAN VA 22102			X	Form filed by One Reporting Person		
(City)	(State)	(Zip)			Form filed by More than C Person	One Reporting	
		Table I - Non-Deriva	ative Securities Acquired, Disposed of, or Benefi	cially	Owned		

4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 3. 5. Amount of 6. Ownership 7. Nature Execution Date. Transaction Date Securities Form: Direct of Indirect (Month/Day/Year) Code (Instr. 8) (D) or Indirect (I) (Instr. 4) Beneficial Ownership if any 5) Beneficially (Month/Day/Year) Owned Following Reported (Instr. 4) (A) or (D) Transaction(s) Code v Amount Price (Instr. 3 and 4) Common Stock⁽¹⁾⁽²⁾ 08/13/2007 S 100 D \$69.56 2,205,731 D Common Stock⁽¹⁾ s 08/13/2007 100 D \$69.57 2,205,631 D s 100 D \$69.61 2,205,531 D Common Stock⁽¹⁾ 08/13/2007 Common Stock⁽¹⁾ 08/13/2007 S 300 D \$69.62 2,205,231 D Common Stock⁽¹⁾ 08/13/2007 S 100 D \$69.63 2,205,131 D Common Stock⁽¹⁾ 08/13/2007 S 100 D \$69.65 2,205,031 D Common Stock⁽¹⁾ 08/13/2007 S 100 D \$69.67 2,204,931 D Common Stock⁽¹⁾ 08/13/2007 S 100 D 2,204,831 D \$69.7 Common Stock⁽¹⁾ 08/13/2007 S 100 D \$69.73 2,204,731 D Common Stock⁽¹⁾ 08/13/2007 s 100 D \$69.75 2,204,631 D s D 2,204,531 Common Stock⁽¹⁾ 08/13/2007 100 \$69.79 D S D Common Stock⁽¹⁾ 08/13/2007 100 \$<mark>69.8</mark> 2,204,431 D Common Stock⁽¹⁾ S D \$69.82 2,204,231 D 08/13/2007 200 Common Stock⁽¹⁾ D D 08/13/2007 S 100 \$69.87 2,204,131 Common Stock⁽¹⁾ S 100 D 2,204,031 08/13/2007 \$69.9 D Common Stock⁽¹⁾ S 08/13/2007 200 D \$69.91 2,203,831 D Common Stock⁽¹⁾ 08/13/2007 s 100 D \$69.92 2,203,731 D Common Stock⁽¹⁾ 08/13/2007 S 200 D \$69.97 2.203.531 D Common Stock⁽¹⁾ s D 08/13/2007 100 \$70 2,203,431 D Common Stock⁽¹⁾ 08/13/2007 S 200 D \$70.11 2,203,231 D Common Stock⁽¹⁾ 08/13/2007 S D \$70.21 D 100 2,203,131 Bv Common Stock 107,502 Ι Fairbank Morris

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

		Ta	able II - Deriva (e.g., p					ired, Disp options,	convertit		lor i	y Owned			
1. Title of Derivative	2. Conversion	3. Transaction	3A. Deemed Execution Date,	Code Transe		(5A)Nu	m (150)r	ExDectisEbler Expiration D		7itTetle	aSollodares tof	8. Price of Derivative	9. Number of derivative	10. Ownership	11. Nature of Indirect
Esectantation	of Elespises	e(Month/Day/Year)		Code (Instr.		vative rities	(Month/Day/	(ear)	Securi	ties	Security	Securities Beneficially	Form: Direct (D)	Beneficial Ownership
2. Due to SEC	Seleurlity iting	the number of non-c	derivative transaction	s that car	n be rep	∵Acqu or((A)lo Dispo	n a sing	le Form 4, this	Form 4 is a c	Derivation Derivation	tive byn(tnístne3⊺o ∣	rm 4 filed for			. (instr. 4)
						of (D)) 1. 3, 4			-		<u>ter (POA)</u> D. Fairba	Trai 08/14/200	<u>)7</u>	
				<u> </u>			-		**	l Signatur	e of Repor	ing Person	Date		
Reminder: F	eport on a se	parate line for eacl	h class of securities	benefic	cially ov	wned c	lirectly	or indirectly.							
* If the form	is filed by mo	e than one reporti	ng person, <i>see</i> Inst	uction 4	(b)(v)	-					Amount				
1 1			acts constitute Fee								816(a).				
Note: File th	ree copies of	this Form, one of v	hich must be man	ally sig	hed. If	space	is insu	fficient, see Ir	struction 6 f	or proce	Number				
Persons wh	o respond to	the collection of	information conta	incedián	tohis fo	r(n)ar	e(noo)ti	entreistante	spand unle	ssrithe f	osmadispla	iys a currer	tly valid OMB I	lumber.	