FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

UIVIB APP	RUVAL							
OMB Number: 3235-0287								
Estimated average burden								
hours per response	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FAIRBANK RICHARD D					2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP						OF	5. Relationship of Reportin (Check all applicable) X Director			10% (Owner
(Last) 1680 CA	(F APITAL ON	irst) E DRIVE	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 11/10/2022						X	X Officer (give title below) Other (special below) Chairman and CEO			
(Street) MCLEA			22102		4. If a	Amendment, Date o	nal Filo	ed (Month/Da	6. Indiv Line) X							
(City)	(S	State)	(Zip)	on Doriv	rativo	Socurities Ac	quiro	4 D	isposod o	ially	Owned					
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day.			tion	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Se Transaction Dispo		4. Securities	esed of, or Benefic ecurities Acquired (A) or posed Of (D) (Instr. 3, 4 an			5. Amount of		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(A) or (D)	Price		Transact (Instr. 3 a	ion(s)		(111541. 4)
Common	Stock(1)			11/10/2	2022		M		12,537	A	\$50	5.32	3,769	9,559	D	
Common	Stock(1)			11/10/2	2022		S		4,220	D	\$107	7.73(2)	3,76	5,339	D	
Common Stock ⁽¹⁾			11/10/2	2022		S		8,317	D	\$10	8.6(3)	3,75	7,022	D		
Common Stock ⁽¹⁾ 11/11/20			.022		M		12,537	A	\$50	3,769,559		D				
Common Stock ⁽¹⁾ 11/11/20				.022		S		2,740	D \$114.73 ⁽⁴⁾ 3,766,819		6,819	D				
Common Stock ⁽¹⁾ 11/11/20				2022		S		8,900	D	\$115	3,757,919		D			
Common Stock ⁽¹⁾ 11/11/20					2022		S		897	D	\$116	5.49(6)	3,75	7,022	D	
Common Stock ⁽¹⁾ 11/14/20					2022		M		12,537	A	\$50	5.32	.32 3,769,559		D	
Common Stock ⁽¹⁾ 11/14/20					2022		S		12,537	D	\$114	1.77 ⁽⁷⁾	3,75	7,022	D	
			Table II	- Deriva	tive S	ecurities Acq	uired,	Dis	posed of,	or Ber	neficia uritie	ally O s)	wned			
1. Title of Derivative Security 1. Title of Derivative Security 2. Conversion or Exercise (Month/Day/Year) 3. Transaction Date Execution Date, if any (Month/Day/Year)		med on Date,	4. Transact Code (In	5. Number tion of	6. Date Exercisable Expiration Date (Month/Day/Year)		cisable and ate	7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		unt 8.	. Price of lerivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership (Instr. 4)		

\$56.32

\$56.32

\$56.32

11/10/2022

11/11/2022

11/14/2022

1. This transaction was executed pursuant to a trading plan entered into by the reporting person on February 9, 2022, in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934, as amended.

(A) (D)

12,537

12,537

12.537

M

M

M

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$107.23 to \$108.20. Information regarding the number of shares sold at each price will be provided upon request.

Date Exercisable

02/10/2016

02/10/2016

02/10/2016

Expiration Date

01/30/2023

01/30/2023

01/30/2023

Title

Stock

Stock

Stock

- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$108.30 to \$109.01. Information regarding the number of shares sold at each price will be provided upon request.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$114.25 to \$115.22. Information regarding the number of shares sold at each price will be provided upon request.
- 5. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$115.40 to \$116.37. Information regarding the number of shares sold at each price will be provided upon request.
- 6. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$116.41 to \$116.68. Information regarding the number of shares sold at each price will be provided upon request.
- 7. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$114.40 to \$115.28. Information regarding the number of shares sold at each price will be provided upon request

Remarks:

Stock

Stock

Stock

Options⁽¹⁾

Options⁽¹⁾

Options⁽¹⁾

/s/ Cleo Belmonte (POA on file)

Amount or Number

Shares

12,537

12,537

12,537

\$<mark>0</mark>

\$0

11/15/2022

** Signature of Reporting Person

Date

25,074

12,537

0

D

D

D

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.