FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB	APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(ff) of the investment Company Act of 1940			
1. Name and Addre	ess of Reporting Person	on [*]	2. Issuer Name and Ticker or Trading Symbol <u>CAPITAL ONE FINANCIAL CORP</u> [COF]	(Check	tionship of Reporting Per all applicable) Director Officer (give title	rson(s) to Issuer 10% Owner Other (specify
(Last) 1680 CAPITAL	(First) (Middle) CAPITAL ONE DRIVE		3. Date of Earliest Transaction (Month/Day/Year) 02/17/2004	X	below) Executive Vice	below)
(Street) MCLEAN (City)	VA (State)	22102 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	ridual or Joint/Group Filin Form filed by One Rep Form filed by More tha Person	porting Person

(Street)		4. If An	nendment, Date of	Original	Filed	(Month/Day/Ye		6. Individual or Joint/Group Filing (Check Applicable Line)					
MCLEAN VA	22102					X							
	——————————————————————————————————————								Form filed by Mor Person	re than One Rep	orting		
(City) (State)	(Zip)												
	Table I - Non-Deriv				Dis				1	l	1		
1. Title of Security (Instr. 3)	2. Transa Date (Month/L	action Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (Disposed Of (D) (Instr. 3		A) or 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature o Indirect Beneficial Ownership (Instr. 4)		
				Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		,		
Common Stock	02/17	7/2004		М		43,868	A	\$48.91	90,817	D			
Common Stock	02/17	7/2004		М		116,666	A	\$48.54	207,483	D			
Common Stock	02/17	7/2004		M		53,266	A	\$49.07	260,749	D			
Common Stock	02/17	7/2004		S		800	D	\$73.15	259,949	D			
Common Stock	02/17	7/2004		S		400	D	\$73.11	259,549	D			
Common Stock	02/17	7/2004		S		2,700	D	\$73.1	256,849	D			
Common Stock	02/17	7/2004		S		2,600	D	\$73.09	254,249	D			
Common Stock	02/17	7/2004		S		5,500	D	\$73.05	248,749	D			
Common Stock	02/17	7/2004		S		100	D	\$73	248,649	D			
Common Stock	02/17	7/2004		S		400	D	\$72.99	248,249	D			
Common Stock	02/17	7/2004		S		600	D	\$72.87	247,649	D			
Common Stock	02/17	7/2004		S		300	D	\$72.86	247,349	D			
Common Stock	02/17	7/2004		S		700	D	\$72.85	246,649	D			
Common Stock	02/17	7/2004		S		1,700	D	\$72.82	244,949	D			
Common Stock	02/17	7/2004		S		100	D	\$72.81	244,849	D			
Common Stock	02/17	7/2004		S		6,100	D	\$72.8	238,749	D			
Common Stock	02/17	7/2004		S		1,400	D	\$72.79	237,349	D			
Common Stock	02/17	7/2004		S		200	D	\$72.78	237,149	D			
Common Stock	02/17	7/2004		S		1,400	D	\$72.75	235,749	D			
Common Stock	02/17	7/2004		S		5,200	D	\$72.42	230,549	D			
Common Stock	02/17	7/2004		S		400	D	\$72.41	230,149	D			
Common Stock	02/17	7/2004		S		1,800	D	\$72.25	228,349	D			
Common Stock	02/17	7/2004		S		4,000	D	\$72.2	224,349	D			
Common Stock	02/17	7/2004		S		800	D	\$72.19	223,549	D			
Common Stock	02/17	7/2004		S		2,000	D	\$72.15	221,549	D			
Common Stock	02/17	7/2004		S		20,400	D	\$72.05	201,149	D			
Common Stock	02/17	7/2004		S		5,000	D	\$71.85	196,149	D			
Common Stock	02/17	7/2004		S		5,000	D	\$71.75	191,149	D			
Common Stock	02/17	7/2004		S		4,200	D	\$71.7	186,949	D			
Common Stock	02/17	7/2004		S		100	D	\$71.6	186,849	D			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		n Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Employee Stock Option (Right to Buy)	\$48.54	02/17/2004		М			116,666	(1)	10/18/2006	Common Stock	116,666	\$0	58,334	D	
Employee Stock Option (Right to Buy)	\$48.91	02/17/2004		М			43,868	(2)	06/12/2010	Common Stock	43,868	\$0	3,406	D	
Employee Stock Option (Right to Buy)	\$49.07	02/17/2004		М			53,266	(3)	12/13/2011	Common Stock	53,266	\$0	26,634	D	

Explanation of Responses:

- $1. This option becomes exercisable in 33\ 1/3\% increments beginning on October 18, 2002 and annually from that date thereafter.$
- $2. \ This \ option \ becomes \ exercisable \ in \ 33 \ 1/3\% \ increments \ beginning \ on \ June \ 12, \ 2001 \ and \ annually \ from \ that \ date \ thereafter.$
- $3. \ This \ option \ becomes \ exercisable \ in \ 33\ 1/3\% \ increments \ beginning \ on \ December \ 13, 2002 \ and \ annually \ from \ that \ date \ thereafter.$

Remarks:

<u>By: Jean K. Traub (POA on File)</u> 02/19/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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