FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287
Estimated average burden

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(n) of the investment Company Act of 1940					
	ess of Reporting Person	on [*]	2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [COF	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
FAIRBANK	RICHARD D		1	X	Director	10% Owner		
(Last)	ast) (First) (Middle)		3. Date of Earliest Transaction (Month/Day/Year) 04/24/2008	X	Officer (give title below) Chairman, CEO and	Other (specify below) President		
1000 CAPITAL ONE DRIVE			04/24/2000					
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	vidual or Joint/Group Filing (Check Applicable			
MCLEAN	VA	22102		X	Form filed by One Reporting Person			
(City)	(State)	(Zip)			Form filed by More than Person	One Reporting		

(City) (State)	(Zip)							Form filed by Mo Person	re than One Rep	oorting
Tal	ole I - Non-Derivative S	Securities Acq	uired,	Disp	osed of,	or Ben	eficially	Owned		
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)	Acquired f (D) (Instr	(A) or 3, 4 and	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownershi
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock ⁽¹⁾⁽²⁾	04/24/2008		S		100	D	\$46.63	2,461,803	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$46.64	2,461,703	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$46.68	2,461,603	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$46.7	2,461,503	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$46.77	2,461,403	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$46.84	2,461,303	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$46.85	2,461,203	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$46.9	2,461,103	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$46.91	2,461,003	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$46.95	2,460,903	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$46.96	2,460,803	D	
Common Stock ⁽¹⁾	04/24/2008		S		200	D	\$46.99	2,460,603	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.01	2,460,503	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.25	2,460,403	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.44	2,460,303	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.53	2,460,203	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.6	2,460,103	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.72	2,460,003	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.76	2,459,903	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.92	2,459,803	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.93	2,459,703	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.94	2,459,603	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.95	2,459,503	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.96	2,459,403	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$47.98	2,459,303	D	
Common Stock ⁽¹⁾	04/24/2008		S		200	D	\$48.03	2,459,103	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$48.04	2,459,003	D	
Common Stock ⁽¹⁾	04/24/2008		S		100	D	\$48.1	2,458,903	D	
Common Stock ⁽¹⁾	04/24/2008		S		300	D	\$48.11	2,458,603	D	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)				2. Transac Date (Month/Da		r) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		Disposed	ies Acquired (A) or Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	Code V Amount		(A) or (D) Prid		Price	Trans	action(s) 3 and 4)		(Instr. 4)
Common Stock															1	07,502	I	By Fairbank Morris
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution (Month/Day/Year) if any		3A. Deeme Execution if any (Month/Day	Date,	ate, Transaction Code (Instr.			n of E		6. Date Exercis. Expiration Date (Month/Day/Yea		7. Title and Amount of Securities Underlying Derivative Security (Inst and 4)		S (I	Price of erivative scurity security Securities Beneficially Owned Following Reported Transaction (Instr. 4)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisal		Expiration Date	Title	or	ount nber ures				

Explanation of Responses:

- 1. This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- 2. Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

<u>/s/ Tangela S. Richter (POA)</u> on file for Richard D. Fairbank

04/28/2008

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.