FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	OF C	HANGES	IN BENEFI	CIAL (OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average	e burden									
hours per respons	e 0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Karam Celia				2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF										ationship of Reporting all applicable) Director Officer (give title		10% O		wner	
(Last) 1680 CA	(Fir	,	(Middle)				3. Date of Earliest Transaction (Month/Day/Year) 05/08/2024								below) Pres, Res		etail I	below)	poony
(Street) MCLEAN VA 22102				4. If Amendment, Date of Original Filed (Month/Day/Year)									Indivi ne) X	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(City) (State) (Zip) Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.												nded to						
		Table	I - No	on-Deriva	tive S	Secui	rities	Acc	uired	, Dis	posed of	, or B	enefici	ally	Own	ed			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day			Execution Date,		ate,			Acquired (A) or (D) (Instr. 3, 4 and		Beneficia Owned F		ties cially Following	Forn (D) c	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	mount (A) or (D)		- 1	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock 05/08/2				2024			S		16,913	D	\$142	.88	47,081 ⁽¹⁾			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed tion Date, n/Day/Year)	Code (Instr.		of	r osed (1. 3, 4	Expiration D		ate (ear)	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amount or Number of Title Shares		8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficially Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

1. Includes shares acquired by the reporting person through the Company's Associate Stock Purchase Plan since the last reported transaction.

Remarks:

/s/ Jason S. Frank (POA on file)

05/09/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.