FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington,	DC	20549	
wasnington,	D.C.	20049	

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response	0.5							

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan
for the purchase or sale of equity
securities of the issuer that is
intended to satisfy the affirmative
defense conditions of Rule 10b5-
1(c) See Instruction 10

Instruction 1(b).

1. Name and Address of Reporting Person*  West Kara					2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF								(Chec	k all app Direc	tor	ng Pe	10% O	wner	
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 11/07/2024								Officer (give title Other (specify below)  Chief Enterprise Risk Officer						
(Street)  MCLEA  (City)			2102 Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indi Line)	<u>,</u>						
		Table	I - No	n-Deriva	tive S	Secui	rities	Acc	uired	, Dis	posed of	, or B	enefi	cially	<b>Own</b>	ed			
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day.				Execution Date,			3. Transaction Code (Instr. 8)  4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4)					6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership					
							Code	v	Amount	(A) o	Pric	е	Transa	action(s) 3 and 4)			(Instr. 4)		
Common Stock 11/07/20				024		S		400	D	\$1	34.76	76 13,190			D				
Common Stock 11/07/20				.024		S		321	D	\$1	184.69 12,9		2,929 <sup>(1)</sup> D		D				
		Tal	ble II ·								osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		tion Date,		ransaction of ode (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)  (Month/Day/Year)  Underly Derivat Securit 3 and 4			nt of ities lying itive ity (Inst	8. Price of Derivativ Security (Instr. 5)		ve derivative Securities		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirec Beneficial Ownershi (Instr. 4)			
				Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amour or Number of Shares	er						

## **Explanation of Responses:**

## Remarks:

/s/ Jason S. Frank (POA on file)

\*\* Signature of Reporting Person

11/12/2024

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>1.</sup> Includes shares acquired by the reporting person through the Company's Associate Stock Purchase Plan since the last reported transaction.