FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL								
	OMB Number:	3235-0287							
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- 1	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FAIRBANK RICHARD D						2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF									of Reporting cable) or (give title	g Pers	son(s) to Iss 10% Ov Other (s	vner
(Last) 1680 CA	(F PITAL ON	*	(Middle)		3. Date of Earliest Tran 11/04/2022					(Mont	h/Day/Year)			helow)	below)			
(Street) MCLEA	N V	A	22102		4. 1	If Ame	ndme	nt, Date	of Original Filed (Month/Day/Year)					Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip) Person Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)			2. Transac Date (Month/Da	ction	tion 2A. Deen		ned n Date,	3. Transaction Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a		(A) or	5. Amou Securitie Benefici Owned I	int of es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
								v	Amount	(A) or (D)	Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common Stock ⁽¹⁾ 11/04/20			2022	022		M		12,538	A	\$56.32	3,76	9,560		D				
Common Stock ⁽¹⁾			11/04/	4/2022				S		12,538	D	\$100.86	3,757,022			D		
Common Stock ⁽¹⁾			11/07/2022				М		12,538	A	\$56.32	3,769,560			D			
Common Stock ⁽¹⁾ 11/07.			2022	:022		S		9,376	D	\$103.07	(3) 3,760,184			D				
Common Stock ⁽¹⁾ 11/07/20				2022	022			S		3,162	D	\$103.64	3,757,02			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deem Execution if any (Month/Da	on Date,	4. Transa Code (8)				6. Date Exer Expiration D (Month/Day/		ate	7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares					
Stock Options ⁽¹⁾	\$56.32	11/04/2022			M			12,538	02/10/2	2016	01/30/2023	Common Stock	12,538	\$0	75,22	5	D	
Stock Options ⁽¹⁾	\$56.32	11/07/2022			М			12,538	02/10/2	2016	01/30/2023	Common Stock	12,538	\$0	62,68	7	D	

Explanation of Responses:

- 1. This transaction was executed pursuant to a trading plan entered into by the reporting person on February 9, 2022, in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934, as amended.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$100.60 to \$101.38. Information regarding the number of shares sold at each price will be provided upon request.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$102.49 to \$103.42. Information regarding the number of shares sold at each price will be provided upon request.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$103.52 to \$103.74. Information regarding the number of shares sold at each price will be provided upon request.

Remarks:

/s/ Cleo Belmonte (POA on file) ** Signature of Reporting Person

11/08/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.