FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FAIRBANK RICHARD D						2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [ COF ]									all applica	able)	Person(s) to Issi		wner	
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 12/01/2014								X	Officer (give title below)  Chair, CEO and President			pecify		
(Street)  MCLEA  (City)		VA 22102 (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)								dual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
		Ta	ble I - No	n-Dei	rivativ	ve Se	ecuri	ities Ac	quired,	Dis	sposed o	f, or Be	neficial	ly O	wned					
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da						ay/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or			5. Amour Securitie Beneficia Owned F	s Illy ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
										v	Amount	(A) or (D)	Price	- 1	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock <sup>(1)</sup> 12/0					01/201	1/2014					161,093	3 A	\$82.3	39	2,373,590(2)			D		
Common Stock <sup>(1)</sup> 12/01/2					1/201	2014			S		161,093	3 D	\$82.5	<b>4</b> <sup>(3)</sup>	2,212,497			D		
Common Stock <sup>(1)</sup> 12/02/2					2/201	2014		M		115,828	3 A	\$82.3	39	2,328,325			D			
Common Stock <sup>(1)</sup> 12/02/2					2/201	2014		S		115,828	3 D	\$82.5	1(4)	2,212,497		D				
			Table II								osed of,			Ow	ned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transaction Code (Instr. 8)		Derivative		6. Date Exercis Expiration Dat (Month/Day/Ye		e	7. Title and of Securit Underlyin Derivative (Instr. 3 and	ies g Security	De Se	Price of rivative curity str. 5)	9. Numbe derivative Securities Beneficia Owned Following Reposed	e (Constant)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal	ole	Expiration Date	Title	Amount or Number of Shares	5		Transacti (Instr. 4)	on(s)			
Stock Options <sup>(1)</sup>	\$82.39	12/01/2014			M			161,093	12/20/20	09	12/20/2014	Common Stock	161,09	3 \$	0.0000	404,90	)7	D		
Stock Options <sup>(1)</sup>	\$82.39	12/02/2014			М			115,828	12/20/20	09	12/20/2014	Common Stock	115,828	\$ \$	0.0000	289,07	79	D		

## **Explanation of Responses:**

- 1. This transaction was executed pursuant to a trading plan entered into by the reporting person on May 14, 2013, in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934, as amended.
- 2. Includes shares acquired by the reporting person through the Company's Dividend Reinvestment Plan since the last reported transaction.
- 3. The shares were sold at prices ranging from \$82.44 to \$82.79. Information regarding the number of shares sold at each price will be provided upon request.
- 4. The shares were sold at prices ranging from \$82.44 to \$82.80. Information regarding the number of shares sold at each price will be provided upon request.

12/03/2014

file)

Gregory W. Seward (POA on

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.