## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APP	ROVAL
	OMB Number:	3235-028
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0.5

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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

							. ,				ilipally Act							
	d Address of Michael	Reporting Person*							ker or Tra		Symbol [AL CO	<u>RP</u>	[ COI		heck all a	pplicable) ector		Owner
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 03/08/2018									^ be	icer (give title low) esident, Com	Othe belov nmercial Banl	′	
(Street) MCLEA			22102 Zip)		4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)						ne) X Fo	Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tabl	e I - No	n-Deriv	ative	Se	curitie	es Ac	quired	, Dis	posed o	f, or	Ben	eficia	ally Ow	ned		
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da				Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4) 5)			id Sec Ben Owi	mount of urities eficially ned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership						
									Code	v	Amount		A) or D)	Price	Trai	orted saction(s) tr. 3 and 4)		(Instr. 4)
Common Stock <sup>(1)</sup> 03/08/2				2018		A		12,636		A	\$(	)	61,371	D				
Common Stock 03/08/2			2018		F <sup>(2)</sup>		6,725		D	\$98	.15	54,646	D					
		Та									osed of, onvertib				y Owne	d		
1. Title of Derivative Conversion or Exercise Price of Derivative Security  Security  1. Title of 2. Conversion Date (Month/Day/Year)  2. Conversion Date (Month/Day/Year)  Security  3. Transaction Date Execution if any (Month/Day/Year)		n Date,	4. Transaction Code (Instr. 8)		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)  Amoun or Numbe of		ount	8. Price o Derivative Security (Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

## **Explanation of Responses:**

- 1. These shares were earned pursuant to an award of performance shares granted on January 29, 2015 based on the Company's Adjusted ROA against a peer group of companies over a three-year performance period. These shares represent the number of shares paid out based on actual performance plus the dividend shares accrued under the same grant.
- 2. These shares were automatically withheld by the Company to satisfy the reporting person's tax obligation associated with the settlement of the performance shares. This share withholding was authorized in the performance share award agreement.

## Remarks:

Cleo Belmonte (POA on file) 03/12/2018

\*\* Signature of Reporting Person D

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.