FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(n) of the investment Company Act of 1940						
	ess of Reporting Perso	n [*]	2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [COF	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
TAIRDANK	MCHARD D		1	X	Director	10% Owner			
(F.)			1	X	Officer (give title below)	Other (specify below)			
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/28/2007		Chairman, CEO and	,			
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv	lividual or Joint/Group Filing (Check Applicable				
MCLEAN	VA	22102		X	Form filed by One Report	rting Person			
					Form filed by More than	One Reporting			
(City)	(State)	(Zip)			Person				

(City)		(Zip)	a a constat A		D:-		P-		Person		
1. Title of Secu		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed O 5)	s Acquired f (D) (Instr.	(A) or 3, 4 and	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	٧	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Sto	ck ⁽¹⁾⁽²⁾	06/28/2007		S		200	D	\$80.08	2,211,056	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.09	2,210,956	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		200	D	\$80.1	2,210,756	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.11	2,210,656	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		400	D	\$80.12	2,210,256	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.13	2,210,156	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		200	D	\$80.14	2,209,956	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.16	2,209,856	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		200	D	\$80.18	2,209,656	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.24	2,209,556	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.26	2,209,456	D	
Common Sto	rck ⁽¹⁾	06/28/2007		S		200	D	\$80.27	2,209,256	D	
Common Sto	rck ⁽¹⁾	06/28/2007		S		100	D	\$80.28	2,209,156	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.29	2,209,056	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		200	D	\$80.31	2,208,856	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.33	2,208,756	D	
Common Sto	rck ⁽¹⁾	06/28/2007		S		100	D	\$80.34	2,208,656	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.36	2,208,556	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.38	2,208,456	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		200	D	\$80.39	2,208,256	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.4	2,208,156	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		200	D	\$80.46	2,207,956	D	
Common Sto	rck ⁽¹⁾	06/28/2007		S		100	D	\$80.48	2,207,856	D	
Common Sto	rck ⁽¹⁾	06/28/2007		S		200	D	\$80.49	2,207,656	D	
Common Sto	rck ⁽¹⁾	06/28/2007		S		400	D	\$80.5	2,207,256	D	
Common Sto	rck ⁽¹⁾	06/28/2007		S		100	D	\$80.52	2,207,156	D	
Common Sto	rck ⁽¹⁾	06/28/2007		S		100	D	\$80.53	2,207,056	D	
Common Sto	ck ⁽¹⁾	06/28/2007		S		100	D	\$80.55	2,206,956	D	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)				2. Transact Date (Month/Day		r) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		Disposed	ies Acquired (A) or Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	V Amount		(A) or (D) Price		Price	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
Common Stock															1	07,502	I	By Fairbank Morris
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Executio ecurity or Exercise (Month/Day/Year) if any		3A. Deeme Execution if any (Month/Day	n Date, Transactio Code (Inst			on of E		6. Date Exercis Expiration Date (Month/Day/Yea		9	7. Title and Amount of Securities Underlying Derivative Security (Instand 4)		S (I	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisal		Expiration Date	Title	or	ount nber ures				

Explanation of Responses:

- 1. This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- 2. Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank

06/29/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.