## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*					ier Name <b>and</b> Ticke PITAL ONE F					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>FAIRBANI</u>	<u>K RICHARD D</u>		1	TIME ONE I	11 1/2 1	ITOI	TIL COIU	X	Director	10% (	Owner				
(Last) (First) (Middle)					e of Earliest Transa	ction (N	1onth/I	Day/Year)	X	Officer (give title below)	(specify )				
1680 CAPITAL ONE DRIVE					/2022					Chairman and CEO					
(Street)				4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)				
MCLEAN	VA									Form filed by One Reporting Person					
(City)	(State)	(Zip)								Form filed by More than One Report Person					
	•	Table I - No	n-Deriva	tive S	Securities Acq	uired	, Dis	posed of,	or Ben	eficially	Owned				
Date			2. Transact Date (Month/Day		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(11341.4)		
Common Stoc	k		02/03/2	2022		M <sup>(1)</sup>		276	A	\$148.29	3,759,129	D			
Common Stoc	k		02/03/2	2022		M <sup>(1)</sup>		186	A	\$148.29	3,759,315	D			
Common Stoc	k		02/03/2	2022		M <sup>(2)</sup>		193	A	\$148.29	3,759,508	D			
Common Stoc	k		02/03/2	2022		M <sup>(2)</sup>		169	A	\$148.29	3,759,677	D			
Common Stoc	k		02/03/2	2022		F <sup>(1)</sup>		276	D	\$148.29	3,759,401	D			
Common Stoc	k		02/03/2	2022		F <sup>(1)</sup>		186	D	\$148.29	3,759,215	D			
Common Stock	k		02/03/2	2022		F <sup>(2)</sup>		193	D	\$148.29	3,759,022	D			

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

F(2)

\$148.29

3,758,853

D

169

02/03/2022

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8) 5. Number of Derivative Securities Acquired (A) or Disposed (D) (Instr. 3 4 and 5)		ve es ed ed of tr. 3,	6. Date Exerc Expiration Da (Month/Day/\	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
2020 Restricted Stock Units <sup>(3)</sup>	\$0.0 <sup>(1)</sup>	02/03/2022		M <sup>(1)</sup>			276	02/15/2023	02/15/2023	Common Stock	276	\$0	19,087	D	
Restricted Stock Units <sup>(4)</sup>	\$0.0 <sup>(1)</sup>	02/03/2022		M <sup>(1)</sup>			186	02/15/2023	02/15/2023	Common Stock	186	\$0	16,757	D	
2021 Restricted Stock Units <sup>(5)</sup>	\$0.0 <sup>(2)</sup>	02/03/2022		M <sup>(2)</sup>			193	02/15/2024	02/15/2024	Common Stock	193	\$0	17,560	D	
Restricted Stock Units <sup>(6)</sup>	\$0.0 <sup>(2)</sup>	02/03/2022		M <sup>(2)</sup>			169	02/15/2024	02/15/2024	Common Stock	169	\$0	15,365	D	
2022 Restricted Stock Units <sup>(7)</sup>	\$0.0 <sup>(8)</sup>	02/03/2022		A		20,231		02/15/2025	02/15/2025	Common Stock	20,231	\$0	20,231	D	
Restricted Stock Units <sup>(9)</sup>	\$0.0 <sup>(8)</sup>	02/03/2022		A		16,859		02/15/2025	02/15/2025	Common Stock	16,859	\$0	16,859	D	

### **Explanation of Responses:**

Common Stock

- 1. Represents the automatic withholding of restricted stock units granted in January 2020 which settled in cash based on fair market value on February 3, 2022, the date on which vesting was accelerated to satisfy the reporting person's tax liability. This is authorized in the applicable restricted stock unit award agreement.
- 2. Represents the automatic withholding of restricted stock units granted in February 2021 which settled in cash based on fair market value on February 3, 2022, the date on which vesting was accelerated to satisfy the reporting person's tax liability. This is authorized in the applicable restricted stock unit award agreement.
- $3. \ Represents \ restricted \ stock \ units \ granted \ on \ January \ 30, \ 2020 \ for \ performance \ year \ 2019.$
- 4. Represents restricted stock units granted on January 30, 2020 for performance year 2020.
- $5. \ Represents \ restricted \ stock \ units \ granted \ on \ February \ 4, 2021 \ for \ performance \ year \ 2020.$
- 6. Represents restricted stock units granted on February 4, 2021 for performance year 2021.

- $7. \ Represents \ restricted \ stock \ units \ granted \ on \ February \ 3, \ 2022 \ for \ performance \ year \ 2021.$
- 8. Each restricted stock unit will be settled in cash based on the Company's average fair market value of the underlying shares of common stock over the fifteen trading days preceding the vesting date.
- 9. Represents restricted stock units granted on February 3, 2022 for performance year 2022.

### Remarks:

/s/ Cleo Belmonte (POA on file) 02/07/2022

\*\* Signature of Reporting Person Dat

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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