FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

C	DMB	APF	PROVA	۱L

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(n) of the investment Company Act of 1940						
1. Name and Address of Reporting Person*			2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
FAIRBANK RICHARD D		<u>.</u>	1	X	Director	10% Owner			
<i>a</i>	(F: 1)	0.6.1.11. \	1		Officer (give title below)	Other (specify below)			
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/24/2007		Chairman, CEO a	,			
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv	vidual or Joint/Group Filing (Check Applicable				
MCLEAN	VA	22102		X	Form filed by One Rep	porting Person			
(City)	(State)	(Zip)			Form filed by More that Person	an One Reporting			

(City) (State)	(Zip)						<i>c</i>	<u> </u>		
	able I - Non-Derivative S	ecurities Acq	uired,	Dis	4. Securities			Owned 5. Amount of	6 Ownership	7. Nature
1. Title of Security (Instr. 3)	Date (Month/Day/Year)	Execution Date,	Transaction Code (Instr. 8)		Disposed O	f (D) (Instr	3, 4 and	Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownershi (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(1130.4)
Common Stock ⁽¹⁾⁽²⁾	05/24/2007		S		200	D	\$78.98	2,212,556	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.01	2,212,456	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.04	2,212,356	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.08	2,212,256	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.09	2,212,156	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.11	2,212,056	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.12	2,211,956	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.13	2,211,856	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.14	2,211,756	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.26	2,211,656	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.29	2,211,556	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.31	2,211,456	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.34	2,211,356	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.39	2,211,256	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.41	2,211,156	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.42	2,211,056	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.46	2,210,956	D	
Common Stock ⁽¹⁾	05/24/2007		S		300	D	\$79.49	2,210,656	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.5	2,210,556	D	
Common Stock ⁽¹⁾	05/24/2007		S		200	D	\$79.53	2,210,356	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.57	2,210,256	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.61	2,210,156	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.65	2,210,056	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.73	2,209,956	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.74	2,209,856	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.75	2,209,756	D	
Common Stock ⁽¹⁾	05/24/2007		S		200	D	\$79.77	2,209,556	D	
Common Stock ⁽¹⁾	05/24/2007		S		100	D	\$79.79	2,209,456	D	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)			D		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Code (Instr. 5)		ities Acquired (A) or d Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D) Price		Price	Transaction(c)			(Instr. 4)
Common Stock															1	07,502	I	By Fairbank Morris
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. 3. Transaction 3A. Deemed 4.			5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr	6. Date Exercisable Expiration Date (Month/Day/Year)		Amount of		S (I	8. Price of Derivative Security (Instr. 5) Securities Beneficially Owned Following Reported Transaction (Instr. 4)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)					
					Code	v	(A)		Date Exercisal		Expiration Date	Title	or	ount nber res				

Explanation of Responses:

- 1. This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- 2. Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

<u>/s/ Tangela S. Richter (POA)</u> on file for Richard D. Fairbank

05/29/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.