FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

<b>STATEMENT</b>	<b>OF CHANGE</b>	S IN BENEF	ICIAL O	WNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
II.									
Estimated average b	urden								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FAIRBANK RICHARD D					2. Issuer Name <b>and</b> Ticker or Trading Symbol  CAPITAL ONE FINANCIAL CORP [ COF ]								(Check all applica X Director		10% Owner		mer		
(Last) 1680 CA	(F PITAL ON	irst) E DRIVE	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/15/2022							X Officer (give title below) Other (specify below)  Chairman and CEO					pecify	
(Street)  MCLEA  (City)		A tate)	22102 (Zip)		4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								Indiv ne) X	,				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day				Execution Date,		Transaction Disposed Of (		Acquired (A) or (D) (Instr. 3, 4 and !		)	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)		(Ir		Instr. 4)	
Common Stock			02/15	5/2022	2022					21,094	A	<b>\$0</b> <sup>(1)</sup>	)	3,779,947			D		
Common Stock 02/15/2				5/2022	022		М		33,891	A	<b>\$0</b> <sup>(1)</sup>	3,813		3,838		D			
Common Stock 02/15/2				5/2022	022		D		21,094	D	\$150.8	).83 <sup>(1)</sup> 3,792,7		2,744 D		D			
Common Stock 02/15/20			5/2022	2022		D		33,891	D	\$150.8	83 <sup>(1)</sup> 3,758,853		3,853		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security  Conversion or Exercise Price of Derivative Security  3. Transaction Date Execution Date, if any (Month/Day/Year)		4. Transa	5. Number of Derivative		umber ivative urities uired or oosed O) (Instr.	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security		9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				
					Code	v	(A)		Date Exercisa	ble	Expiration Date	Title	Amour or Number of Shares	er					
Restricted Stock Units	\$0.0(1)	02/15/2022			M			21,094	02/15/202	22 <sup>(2)</sup>	02/15/2022 <sup>(2)</sup>	Common Stock	21,09	94	\$0 <sup>(1)</sup>	0		D	
2019 Restricted Stock Units	\$0.0 <sup>(1)</sup>	02/15/2022			M			33,891	02/15/202	22 <sup>(2)</sup>	02/15/2022 <sup>(2)</sup>	Common Stock	33,89	)1	\$0 <sup>(1)</sup>	0		D	

## **Explanation of Responses:**

- 1. On February 15, 2022, the restricted stock units were settled in cash based on the Company's average fair market values of shares of common stock over the fifteen trading days preceding the vesting date.
- 2. The restricted stock units vested in full on February 15, 2022.

## Remarks:

/s/ Cleo Belmonte (POA on file) 02/17/2022

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.