FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* HACKETT ANN F (Last) (First) (Middle) 1680 CAPITAL ONE DRIVE						2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF 3. Date of Earliest Transaction (Month/Day/Year) 01/04/2018											k all appli Directo	cable) or (give title		2erson(s) to Issuer 10% Owner Other (specify below)	
(Street) MCLEA (City)	4. 11	If Amendment, Date of Original Filed (Month/Day/Year)											Form t	Joint/Group Filing (Check Applica filed by One Reporting Person filed by More than One Reporting on			n				
		Tab	le I - No	n-Deriv	ative	Se	curit	ies Ac	qu	iired,	Dis	posed o	of, c	r Ben	efic	ially	Owned	t			
				Date	2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)			Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				5. Amou Securiti Benefici Owned	es	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
							,			Code	v	Amount		(A) or (D)	Pric	e:e	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common	Stock ⁽¹⁾			01/04/2018						M		6,361	L	A	\$1	6.93	64	1,372		D	
Common Stock ⁽¹⁾				01/04/2018		3				S		6,361	L	D	\$	102	58	3,011		D	
Common Stock																	5,	006			By Spouse
		1	able II -									osed of onverti					Owned			•	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transa Code (8)		n of		Ex	Date Ex piration onth/Da	Date		Am Sec Und Der	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		S	. Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ov Fo Dii or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Da: Ex	te ercisab		xpiration ate	Title		Amou or Numb of Share	er					
Stock Options ⁽¹⁾	\$16.93	01/04/2018			M		Τ	6,361	04	/23/201	0 0	4/22/2019		nmon tock	6,36	1	\$0	0		D	

Explanation of Responses:

1. This transaction was executed pursuant to a trading plan entered into by the reporting person on July 28, 2017, in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934, as amended.

Remarks:

Cleo Belmonte (POA on file) 01/08/2018

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.