FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

ashington,	D.C.	20549		

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average	o hurdon								

Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

hours per response: 0.5

	tion 1(b).	ide. dee	File	ed pursu or S	ant to Section	Section 30(h) c	n 16(a) of the li	of the Se	ecuriti nt Cor	es Exchang	e Act of f 1940	f 1934		nours	s per r	esponse:	0.5
1. Name and Address of Reporting Person* <u>Detrick Christine Rose</u>				<u>CA</u>	2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF] 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner												
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE				3. Da	3. Date of Earliest Transaction (Month/Day/Year) 05/02/2024 Officer (give title below) Other (specify below)							specify					
(Street) MCLEA	N VA	λ 2	2102	- 4. If	Iment,	Date o	of Origina	l Filed	d (Month/Da	y/Year)		ne) X Fo Fo	rm filed by Or	r Joint/Group Filing (Check Applicable I filed by One Reporting Person I filed by More than One Reporting			
(City)	(St	ate) (2	Zip)	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - Non-Deriv	ative	Secu	rities	Acq	uired,	Dis	posed of	, or B	enefic	ially Ov	/ned			
Da			2. Trans Date (Month/	action Day/Year	Exe) if ar			3. Transa Code (8)		4. Securitie Disposed (5)			4, 4 and Securities Form: Direct (D) or Indirect Owned Following (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) (D)	or Price	Price (Instr. 3 and 4)				(Instr. 4)
Common Stock ⁽¹⁾ 05/0				2/2024				A		1,658	A	. \$	\$0 6,369 D		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	4. Trans. Code 8)		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expiration (Month/I	on Da	ate An (ear) Se Un De Se 3 a		Amount of Securities		Price of derivative decurity instr. 5) Securities Beneficially Owned Following Reported Transaction (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	of Shares					

Explanation of Responses:

1. Restricted stock units which vest in their entirety on May 2, 2025 and settle in shares of the Company's common stock upon termination of service as a director. The reporting person will also be entitled to additional shares representing dividends accrued on the shares issuable at settlement.

Remarks:

/s/ Jason S. Frank (POA on file)

05/06/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.