FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(n) of the investment Company Act of 1940						
1. Name and Address of Reporting Person*			2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle)			1	X	Director	10% Owner			
			1	X	Officer (give title below)	Other (specify below)			
` '	,	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 04/23/2008			,			
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	ividual or Joint/Group Filing (Check Applicable				
MCLEAN	VA	22102		X	Form filed by One Report	ing Person			
(City)	(State)	(Zip)			Form filed by More than C Person	One Reporting			

(City) (State)	(Zip)							Form filed by Mo Person	re than One Rep	oorting
	ble I - Non-Derivative S	ecurities Acq	uired,	Dis	posed of,	or Ben	eficially	Owned		
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr.			s Acquired f (D) (Instr	(A) or . 3, 4 and	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownershi
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock ⁽¹⁾⁽²⁾	04/23/2008		S		200	D	\$45.81	2,461,103	D	
Common Stock ⁽¹⁾	04/23/2008		S		400	D	\$45.82	2,460,703	D	
Common Stock ⁽¹⁾	04/23/2008		S		200	D	\$45.83	2,460,503	D	
Common Stock ⁽¹⁾	04/23/2008		S		200	D	\$45.84	2,460,303	D	
Common Stock ⁽¹⁾	04/23/2008		S		200	D	\$45.85	2,460,103	D	
Common Stock ⁽¹⁾	04/23/2008		S		200	D	\$45.86	2,459,903	D	
Common Stock ⁽¹⁾	04/23/2008		S		100	D	\$45.87	2,459,803	D	
Common Stock ⁽¹⁾	04/23/2008		S		200	D	\$45.88	2,459,603	D	
Common Stock ⁽¹⁾	04/23/2008		S		100	D	\$45.89	2,459,503	D	
Common Stock ⁽¹⁾	04/23/2008		S		300	D	\$45.9	2,459,203	D	
Common Stock ⁽¹⁾	04/23/2008		S		200	D	\$45.91	2,459,003	D	
Common Stock ⁽¹⁾	04/23/2008		S		400	D	\$45.92	2,458,603	D	
Common Stock ⁽¹⁾	04/23/2008		S		200	D	\$45.93	2,458,403	D	
Common Stock ⁽¹⁾	04/23/2008		S		300	D	\$45.94	2,458,103	D	
Common Stock ⁽¹⁾	04/23/2008		S		300	D	\$45.95	2,457,803	D	
Common Stock ⁽¹⁾	04/23/2008		S		134	D	\$45.96	2,457,669	D	
Common Stock ⁽¹⁾	04/23/2008		S		200	D	\$45.97	2,457,469	D	
Common Stock ⁽¹⁾	04/23/2008		S		200	D	\$45.98	2,457,269	D	
Common Stock ⁽¹⁾	04/23/2008		S		800	D	\$45.99	2,456,469	D	
Common Stock ⁽¹⁾	04/23/2008		S		400	D	\$46	2,456,069	D	
Common Stock ⁽¹⁾	04/23/2008		S		900	D	\$46.01	2,455,169	D	
Common Stock ⁽¹⁾	04/23/2008		S		700	D	\$46.02	2,454,469	D	
Common Stock ⁽¹⁾	04/23/2008		S		100	D	\$46.03	2,454,369	D	
Common Stock ⁽¹⁾	04/23/2008		S		200	D	\$46.05	2,454,169	D	
Common Stock ⁽¹⁾	04/23/2008		S		100	D	\$46.07	2,454,069	D	
Common Stock ⁽¹⁾	04/23/2008		S		100	D	\$46.08	2,453,969	D	
Common Stock ⁽¹⁾	04/23/2008		S		300	D	\$46.1	2,453,669	D	
Common Stock ⁽¹⁾	04/23/2008		S		100	D	\$46.13	2,453,569	D	
Common Stock ⁽¹⁾	04/23/2008		S		400	D	\$46.14	2,453,169	D	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3)		Da	Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		Disposed	ies Acquired (A) or Of (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D) Prio		Price	Trans	action(s) 3 and 4)		(Instr. 4)
Common Stock														1	07,502	I	By Fairbank Morris
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Yo	on Date, Day/Year) Transaction of Code (Instr. 8) Derivative (A) District (A) District (A) District (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Amount of		De Se (In	8. Price of Derivative Security (Instr. 5) 3 8. Price of Derivative Securities Securities Securities Peneficially Owned Following Reported Transaction (Instr. 4)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)		Date Exercisal		Expiration Date	Title	or	ount nber ires				

Explanation of Responses:

- 1. This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- 2. Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Remarks:

"Form 2 of 3"

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank

04/24/2008

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.