SEC Form	4
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Instruction 1(b)

### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	VAL
OMB Number:	3235-0287
Estimated average burd	en
hours per response:	0.5

1. Name and Address of Reporting Person <sup>*</sup> Sanjiv Yajnik			2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>CAPITAL ONE FINANCIAL CORP</u> [ COF	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
,		(Middle)	J		Officer (give title below)	Other (specify below)		
(Last) 1680 CAPITA	(First) AL ONE DRIVE		3. Date of Earliest Transaction (Month/Day/Year) 02/15/2021		President, Financial Services			
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)		6. Individual or Joint/Group Filing (Check Applicab Line)			
MCLEAN	VA	22102		X	Form filed by One Re	porting Person		
(City)	(State)	(Zip)	—		Form filed by More the Person	an One Reporting		

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Dispose Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock	02/15/2021		М		2,305	Α	<b>\$0</b> <sup>(1)</sup>	128,291	D	
Common Stock	02/15/2021		D		2,305	D	<b>\$109.6</b> <sup>(1)</sup>	125,986	D	
Common Stock	02/15/2021		F <sup>(2)</sup>		1,058	D	\$117.75	124,928	D	
Common Stock	02/15/2021		F <sup>(3)</sup>		1,670	D	\$117.75	123,258	D	
Common Stock	02/15/2021		F <sup>(4)</sup>		1,692	D	\$117.75	121,566	D	

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities) 1. Title of 2. Conversion 3. Transaction Date 3A. Deemed 9. Number of 11. Nature 4. Transaction 5. Number 6. Date Exercisable and 7. Title and 8. Price of 10. Execution Date derivative Ownership of Indirect Derivative Expiration Date Amount of Derivative Security (Instr. 3) if any (Month/Day/Year) Code (Instr. 8) Security (Instr. 5) Form: Direct (D) or Exercise (Month/Day/Year) Derivative (Month/Day/Year) Securities Securities Reneficial Underlying Derivative Security Ownership (Instr. 4) Price of Securities Beneficially Derivative or Indirect Owned (A) or Disposed of (D) Security (Instr. 3 and 4) Following (I) (Instr. 4) Reported Transaction(s) (Instr. 3, 4 (Instr. 4) and 5) Amount Number Date Expiration of Code v (A) (D) Exercisable Date Title Shares 2018 Restricted \$**0**.0<sup>(1)</sup> Commor 02/15/2021 м 2,305 (5) (5) 2.305 \$0<sup>(1)</sup> 0 D Stock Stock Units

Explanation of Responses:

1. On February 15, 2021, the restricted stock units were settled in cash based on the Company's average fair market value of shares of common stock over the fifteen trading days preceding the vesting date. 2. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 1, 2018. This is authorized in the

applicable restricted stock award agreement. 3. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 31, 2019. This is authorized in the

3. Represents the automatic winnormal winnormal by the issuer to satisfy the reporting person's tax congation associated with the vesting of restricted stock units graned on January 31, 2019. This is automized in the applicable restricted stock award agreement.

4. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 30, 2020. This is authorized in the applicable restricted stock award agreement.

5. These restricted stock units vest in 1/3 increments beginning on February 15, 2019 and annually thereafter.

**Remarks:** 

# /s/ Cleo Belmonte (POA on file)

02/17/2021

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.