FORM 4

Check this box if no longer subject

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b).

1. Name and Address of Reporting Person*  HACKETT ANN F					2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF									5. Relationship of Reporting Person(s) to (Check all applicable)  X Director 10% C					Owner
(Last) 1680 CA	(Fir PITAL ON	,	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 05/04/2023										Officer (give title below)		Other (: below)		specify
(Street)  MCLEA  (City)	N VA		2102 Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)								)	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Table	I - Non	-Deriva	tive S	Secu	rities	s Acq	uired,	Dis	osed of	, or E	Benefi	cially	Own	ed			
1. Title of Security (Instr. 3)				2. Transac Date (Month/Da	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)  4. Securities Acquired (Disposed Of (D) (Instr. 3) 5)				8, 4 and Securities Beneficially Owned Following			6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(A) (D)	or Pr	ice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	Common Stock <sup>(1)</sup>				2023				A		2,453	I	A	\$ <mark>0</mark>	69	9,980	I	)	
Common	Stock													5,005 I By Spo				By Spouse	
		Tal									sed of, onvertib				Owne	d	,		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/	on Date, Transac Code (Ir					6. Date I Expiration (Month/I	on Da		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Der Sed (Ins	Price of ivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y Di or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	n of Respons				Code	v	V (A) (D)				Expiration Date	Title	Amour or Number of Shares	er					

1. Restricted stock units which vest in their entirety on May 4, 2024 and settle in shares of the Company's common stock upon termination of service as a director. The reporting person will also be entitled to additional shares representing dividends accrued on the shares issuable at settlement.

## Remarks:

/s/ Cleo Belmonte (POA on

file)

05/08/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.