FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	DVAL					
OMB Number:	3235-0287					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* KLANE LARRY A Other Control of Control							2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF										all app	oplicable) ector cer (give title		Person(s) to Issuer 10% Owner Other (specify below)	
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 01/16/2007											Pdt,	es			
(Street) MCLEA						4. If Amendment, Date of Original Filed (Month/Day/Year)											lividual or Joint/Group Filing (Check Ap Form filed by One Reporting Perso				
(City)	y) (State) (Zip)															Form filed by More than One Reporting Person					orting
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						ar)	2A. Deemed Execution Date, if any (Month/Day/Year)		, 1			Disposed	ecurities Acquired (A) osed Of (D) (Instr. 3,			4 and Secui Benet		cially d Following	Forn (D) c	wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Code	v	Amount		(A) or (D)	Pric	. Tran		rsaction(s) tr. 3 and 4)			(1130.4)			
Common Stock ⁽¹⁾ 01/16/						2007				S		1,065		D	\$7	\$77.03		38,692		D	
Common Stock																	4,968			I	By Spouse
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	ive Conversion Date Execution Date, or Exercise (Month/Day/Year) if any				4. Transaction Code (Instr. 8)		n of		Exp	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			Deri Sec (Inst	rice of vative urity ir. 5)	tive derivative ty Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	(A)	(D)	Dat Exe	te ercisal		Expiration Date	Titl	or Nu of	umber	r							

Explanation of Responses:

1. This transaction was executed pursuant to a trading plan entered into by the Reporting Person on October 26, 2006 in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.

Remarks:

By: Frank R. Borchert III (POA on File) 01/17/2007

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.