## SEC Form 4

# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1	ess of Reporting Pers		2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [ COF	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
FAIRBANK RICHARD D				X	Director	10% Owner		
(Last) (First) (Middle)		(Middle)	1	x	Officer (give title below)	Other (specify below)		
1680 CAPITAL ONE DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 10/28/2020		Chairman, CEO and President			
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)				
MCLEAN	VA	22102		X	Form filed by One Rep	•		
(City)	(State)	(Zip)			Form filed by More that Person	an One Reporting		

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock <sup>(1)</sup>	10/28/2020		М		40,557	A	\$48.28	3,560,941	D	
Common Stock <sup>(1)</sup>	10/28/2020		S		18,103	D	<b>\$72.09</b> <sup>(2)</sup>	3,542,838	D	
Common Stock <sup>(1)</sup>	10/28/2020		S		14,652	D	<b>\$72.78</b> <sup>(3)</sup>	3,528,186	D	
Common Stock <sup>(1)</sup>	10/28/2020		S		400	D	\$73.57	3,527,786	D	
Common Stock <sup>(1)</sup>	10/29/2020		М		40,557	A	\$48.28	3,568,343	D	
Common Stock <sup>(1)</sup>	10/29/2020		S		8,347	D	<b>\$</b> 71.23 <sup>(4)</sup>	3,559,996	D	
Common Stock <sup>(1)</sup>	10/29/2020		S		24,653	D	\$72.44(5)	3,535,343	D	
Common Stock <sup>(1)</sup>	10/29/2020		S		275	D	<b>\$73.19</b> <sup>(6)</sup>	3,535,068	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options <sup>(1)</sup>	\$48.28	10/28/2020		М			40,557	01/26/2014	01/25/2021	Common Stock	40,557	\$0	486,695	D	
Stock Options <sup>(1)</sup>	\$48.28	10/29/2020		М			40,557	01/26/2014	01/25/2021	Common Stock	40,557	\$ <mark>0</mark>	446,138	D	

#### Explanation of Responses:

1. This transaction was executed pursuant to a trading plan entered into by the reporting person on August 12, 2020, in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934, as amended.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$71.51 to \$72.50. Information regarding the number of shares sold at each price will be provided upon request.

3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$72.51 to \$73.37. Information regarding the number of shares sold at each price will be provided upon request.

4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$70.89 to \$71.87. Information regarding the number of shares sold at each price will be provided upon request.

5. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$71.95 to \$72.76. Information regarding the number of shares sold at each price will be provided upon request.

6. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$73.11 to \$73.26. Information regarding the number of shares sold at each price will be provided upon request.

Remarks:

<u>/s/ Cleo Belmonte (POA on file)</u>

10/30/2020

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.