FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number: 3235-02										
Estimated average burden										
hours nor resnance	. 05									

Instruc	tion 1(b).			Filed	pursuan or Sec	t to S tion 3	ection 16(a) 80(h) of the Ir	of the Sonvestmen	ecuritient Com	es Exchang npany Act o	je Act o of 1940	f 1934	4		liours	per res		0.5
Name and Address of Reporting Person* Detrick Christine Rose					2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF							5. Relationship of Reporti (Check all applicable) X Director Officer (give title			10% Owner			
(Last) 1680 CA	(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 05/04/2023						_	belov			Other (specify below)		
(Street) MCLEA (City)	N VA		2102 Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Ind Line)	dividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Table	I - Nor	-Deriva	tive S	ecur	ities Acq	uired,	Disp	osed of	, or B	ene	ficial	y Own	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (A Disposed Of (D) (Instr. 3 5)						Form: (D) or		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) (D)	or	Price	Transa	ction(s) 3 and 4)			(
Common	Stock ⁽¹⁾			05/04/	2023			A 2,453 A \$0 4,711					D					
		Tal					ies Acqu varrants,							Owne	d			
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any		on Date,	4. Transac Code (In 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)			Amount of De Securities Se		Price of erivative derivative security nstr. 5) Beneficially Owned Following Reported Transactior (Instr. 4)		ly [C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

(A) (D) Date

Exercisable

Remarks:

/s/ Cleo Belmonte (POA on 05/08/2023 file)

Amount Numbe

Shares

Expiration

Date

Title

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} Restricted stock units which vest in their entirety on May 4, 2024 and settle in shares of the Company's common stock upon termination of service as a director. The reporting person will also be entitled to additional shares representing dividends accrued on the shares issuable at settlement.