FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

<b>STATEMENT</b>	OF CHANGES	IN BENEFICIAL	<b>OWNERSHIP</b>

ONIB APPROVAL									
OMB Number:	3235-0287								
Estimated average burd	den								
hours ner resnonse.	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					Ta :			., 0				0	10		15.5	- Lastin and Last	- f D		(-) +- :	
1. Name and Address of Reporting Person*  EATDRANK DICHARD D					2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [ COF										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
FAIRBANK RICHARD D															.   ]	X Director		10% Owner		·
(Last) (First) (Middle)					3. [	Date of Earliest Transaction (Month/Day/Year)										Officer below)	(give title		Other (s below)	specify
1680 CAPIT	TAL ON	E DRIVE	,			03/2				`		, ,					Chairmai	n and	CEO	
					- 4. If	f Ame	endme	nt, Date	of C	Original	File	d (Month/Da	ay/Year)				Joint/Group	Filing	(Check Ap	plicable
(Street) MCLEAN	VA		22102										_ [ _ '	Line)  X Form filed by One Reporting Person						
	¥2.				.									Form f		re thar	one Repo	rting		
(City) (State) (Zip)				B	Rule 10b5-1(c) Transaction Indication															
					Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to															
					X							saction was ions of Rule					ion or writter	n plan t	hat is intende	ed to
		Tab	le I - No	n-Deriv	ative	Se	curit	ies Ac	cqu	uired,	Dis	posed o	of, or E	Bene	eficiall	y Owned	i			
1. Title of Security (Instr. 3) 2. Transact			action		2A. Deemed			3. 4. Transaction Di		4. Securiti	4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			5. Amou				7. Nature of Indirect		
Date (Monti					te onth/Day/Year)		Execution Date, if any (Month/Day/Year)			Code (Ir		Disposeu	OI (D) (I	isu. s	5, 4 anu 5	Benefici	eneficially wned Following		r Indirect   E	Beneficial Ownership
						(,				Code V		Amount	(A) (D)	or	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock <sup>(1)</sup>			11/03	11/03/2023				1	M		3,891	I		\$70.96	3,852,303			D		
Common Stock <sup>(1)</sup>			11/03	11/03/2023					S		3,891	I	)	\$105.8	7 3,84	3,848,412		D		
Common Stock <sup>(1)</sup>			11/06	/06/2023					M		3,891	I		\$70.96	3,85	3,852,303		D		
Common Stock <sup>(1)</sup>			11/06	6/2023					S		3,891	I	)	\$106.1	3,84	3,848,412		D		
Common Stock <sup>(1)</sup>			11/07	07/2023					M		3,891	I		\$70.96	3,852,303			D		
Common Stock <sup>(1)</sup>			11/07	/2023	2023				S		3,891	D \$1		\$104.8	3,848,412			D		
		Т	able II -									osed of,				Owned				
1. Title of 2.	1	3. Transaction	3A. Deem		4.	Can	<del>-</del>	umber	·		_	converti	7. Title			8. Price of	9. Number	r of	10.	11. Nature
Derivative Security (Instr. 3)  Conversion or Exercise Price of Derivative Security  Conversion of Exercise (Month/Day/Year)  Execution Date Execution Date if any (Month/Day/Y		Date, Transa Code (			n of		Ex	xpiration Ionth/Da	Date	e	Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		ecurity	Derivative Security (Instr. 5)	derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s Illy	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
											Γ			0	mount r					
					Code	v	(A)	(D)		ate kercisabl		Expiration Date	Title	0	umber f hares					
Stock Options <sup>(1)</sup>	\$70.96	11/03/2023			M	•	(4)	3,891		2/15/201	$\top$	01/29/2024	Commo	n -	3,891	\$0	27,233	3	D	
Options, 7				- 1					$\vdash$				JUCK							1
Stock Options <sup>(1)</sup>	\$70.96	11/06/2023			M			3,891	02	2/15/201	7   (	01/29/2024	Commo		3,891	\$0	23,342	2	D	

## **Explanation of Responses:**

1. This transaction was executed pursuant to a trading plan entered into by the reporting person on February 10, 2023, in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934, as amended.

## Remarks:

/s/ Jason S. Frank (POA on file) \*\* Signature of Reporting Person

11/07/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.