FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number:	3235-0287										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							. ,				· ·									
1. Name and Address of Reporting Person* <u>KLANE LARRY A</u>						2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [ COF									5. Relationship of Report (Check all applicable) Director			. ,	ssuer Owner	
					· L_	1								_		officer (give to elow)				
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 11/07/2006									Pdt, Global Financial Services					
(Street)	N VA	. 2	22102		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person					
(City)			Zip)												F	Form filed by More than One Reporting Person				
		Tabl	e I - Nor	n-Deriv	ative	Se	curitie	s Ac	quired,	Dis	posed o	f, or	Bene	ficia	ally Ov	/ned				
1. Title of Security (Instr. 3)  2. Trans Date (Month/					2A. Deemed Execution Date, if any (Month/Day/Year)		n Date,	3. Transa Code (		Disposed	rities Acquired (A) ed Of (D) (Instr. 3,			nd Se Be Ov	mount of urities eficially ned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(	A) or D)	Price	Tra	Reported Transaction(s) (Instr. 3 and 4)			(111501.4)		
Common Stock <sup>(1)</sup> 11/07					7/2006	2006		S		1,065		D	\$78	3.5	53,854		D			
Common Stock														5,434(2)		I	By Spouse			
		Та	ble II - C								sed of, onvertib				y Own	ed				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\	Date,	Transaction Code (Ins				6. Date E Expiratio (Month/D	n Date	Amount of		unt of rities erlying vative rity (Ins	tr. 3	8. Price Derivati Security (Instr. 5	ve derivati Securiti	ve es ially ng d tion(s	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shai	ber						

## **Explanation of Responses:**

- 1. This transaction was executed pursuant to a trading plan entered into by the reporting person on October 26, 2006, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- 2. Includes shares acquired under the Company's Associate Stock Purchase Plan by the reporting person's spouse, since last reported through this filing's date.

## Remarks:

By: Frederick L. Williams (POA on file) 11/09/2006

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.