FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D C	20540	
wasiiiiiqtoii,	D.C.	20549	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPROVAL									
	OMB Number: 3235-0287									
l	Estimated average burden									
l	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Hall Sheldon (Last) (First) (Middle) 1680 CAPITAL ONE DRIVE					3. D 02/	2. Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP COF 3. Date of Earliest Transaction (Month/Day/Year) 02/15/2021									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Chief Risk Officer					
(Street) MCLEA (City)			22102 (Zip)		4. If	Amen	dmen	it, Date	of Origina	al File	d (Month/D	ay/Year)		Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Tra				2. Transac			2A. Deemed Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		d (A) or		5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	Stock			02/15/2021					М		1,116	A	\$0	\$0 ⁽¹⁾		1,154)		
Common	Stock			02/15/	5/2021				D		1,116	D	\$109	\$109.6(1)		70,038)		
Common	Stock			02/15/	02/15/2021				F ⁽²⁾		798	D	\$117	\$117.75		9,240)		
Common Stock			02/15/2021					F ⁽³⁾		968	D	\$117	\$117.75		3,272)			
Common Stock			02/15/2021					F ⁽⁴⁾		1,039	D	\$117	\$117.75		7,233)			
Common Stock			02/15/	02/15/2021				F ⁽²⁾		33	D	\$117	\$117.75		4,755			By Spouse		
Common Stock 02/				02/15/	/2021				F ⁽³⁾		48	D	\$117	\$117.75		4,707			By Spouse	
Common Stock 02/15/2				2021				F ⁽⁴⁾		37	D	\$117	17.75 4		4,670			By Spouse		
		Т	able II								osed of				wned					
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, Transaction of Code (Instr. Derivati				vative urities uired or oosed o)		xerci on Da	sable and te	able and 7. Title and Amount of		8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: Direct (D) or Indirect (I) (Instr.	wnership orm: irect (D) r Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)				
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amour or Number of Shares	er						
2018 Restricted Stock Units	\$0.0 ⁽¹⁾	02/15/2021			M			1,116	(5)		(5)	Common Stock	1,110	5	\$0 ⁽¹⁾	0		D		

Explanation of Responses:

- 1. On February 15, 2021, the restricted stock units were settled in cash based on the Company's average fair market value of shares of common stock over the fifteen trading days preceding the vesting date.
- 2. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 1, 2018. This is authorized in the applicable restricted stock award agreement
- 3. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 31, 2019. This is authorized in the applicable restricted stock award agreemen
- 4. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 30, 2020. This is authorized in the applicable restricted stock award agreement.
- 5. These restricted stock units vest in 1/3 increments beginning on February 15, 2019 and annually thereafter.

Remarks:

/s/ Cleo Belmonte (POA on file)

** Signature of Reporting Person

Date

02/17/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.