FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APP	OMB APPROVAL								
	OMB Number: 3235-028 Estimated average burden									
	hours per response	. 0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Zamsky Michael (Last) (First) (Middle) 1680 CAPITAL ONE DRIVE (Street)						Issuer Name and Ticker or Trading Symbol CAPITAL ONE FINANCIAL CORP [COF] 3. Date of Earliest Transaction (Month/Day/Year) 02/15/2024 4. If Amendment, Date of Original Filed (Month/Day/Year)													wner specify f. pplicable
(City)			2102 Zip)		Rul	Form filed by More than One Reporting Person Rule 10b5-1(c) Transaction Indication											orting		
Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												nded to							
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/					on 2A. Deemed Execution Date,		I Date,	3. Transaction Code (Instr. 8) 4. Securities Disposed Of 5)		Acquire	d (A) or	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price		Transa	eported ransaction(s) nstr. 3 and 4)			(Instr. 4)
Common Stock 02/15/20					2024				F ⁽¹⁾		1,081	D	\$136	5.36	36,429			D	
Common Stock 02/15/20					:024				F ⁽²⁾		939	D	\$136	5.36	.36 35,490			D	
Common Stock 02/15/20					2024				F ⁽³⁾		1,210	D	\$136	5.36	36 34,280		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, T curity or Exercise (Month/Day/Year) if any				Transaction Code (Instr. 3)		vative vative varities vaired or osed v) r. 3, 4	Expirat (Month	tion D	/ear)	Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Der Sec	s. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	y	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date		of Shares						

Explanation of Responses:

- 1. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 4, 2021. This is authorized in the applicable restricted stock award agreement
- 2. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 3, 2022. This is authorized in the applicable restricted stock award agreement.
- 3. Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 26, 2023. This is authorized in the applicable restricted stock award agreement.

Remarks:

/s/ Jason S. Frank (POA on 02/20/2024 file)

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.