FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL OMB Number 3235-0104 Estimated average burden

0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940												hours per res	oonse:	0.5
1. Name and Address of Reporting Person [*] Serra Eileen				2. Date of Event Requiring Statement (Month/Day/Year) D2/26/2020 3. Issuer Name and Ticker or Trading Symbol <u>CAPITAL ONE FINANCIAL CORP</u> [COF]										
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE							4. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director		10% Owner		5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person			
Street) MCLEAN VA 22102					Officer (give title below)		Other (specify below)							
(City)	(State)	(Zip)												
				Table	I - Non-De	erivative S	Securities Beneficially Owner	d						
1. Title of Security (Instr. 4)						2. Amount o (Instr. 4)	f Securities Beneficially Owned		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)			
							curities Beneficially Owned options, convertible securiti	ies)						
1. Title of Derivative Security (Instr. 4)				2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Der (Instr. 4)		erivative	rivative Security Exercise P of Derivati Security		rice Form: Direct (D) or		6. Nature of Indirect Beneficial Ownership (Instr. 5)	
				Date Exercisable	Expiration Date	Title		Nu	mount or umber of hares	Security				

Explanation of Responses: Remarks:

Exhibit 24.1 - Power of Attorney - Serra

No securities are beneficially owned.

/s/ Cleo Belmonte (POA on file) ** Signature of Reporting Person

02/28/2020 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

** If the form is filed by more than one reporting person, see instruction 5 (b)(v).
 ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78f(a).
 Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

The undersigned hereby constitutes and appoints Matthew W. Cooper, Polly N. Klane and Cleo Belmonte, each of them, as the true and lawful attorneys-in-fact (with

- (1) execute, for and on behalf of the undersigned, any and all statements and reports required or permitted to be filed by the undersigned, in any and all ca
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such statements and

(3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the

(4) request and receive from any broker (i) periodic reports detailing the undersigned's retail holdings of the Company's securities held in his or her account for undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever required, necessary. This Power of Attorney revokes all prior Powers of Attorney submitted to the Company with respect to the matters expressed herein, and shall remain in full force

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 14 day of February 2020.

/s/ Eileen M. Serra Name: Eileen Serra

ss.

ACKNOWLEDGEMENT FOR POWER OF ATTORNEY

STATE OF UTAH)) CITY/COUNTY OF SUMMIT)

The foregoing instrument was acknowledged before me this 14th day of February, 2020 by Eileen Serra.

/s/ Landon Kaleb Hadley Notary Public

(SEAL)

My commission expires 01/17/2022